

Primeira Liga: 1989–90

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	G	W-D-L	GF-GA	Pts	
FC Porto	19/8/1989 2-0 CD Nacional	26/8/1989 2-0 FC Penafiel	10/9/1989 2-1 GD Chaves	24/9/1989 4-0 Portimonense SC	15/10/1989 0-1 Sporting CP	22/10/1989 1-0 SL Benfica	28/10/1989 0-0 CS Marítimo	5/11/1989 3-0 SC Braga	19/11/1989 4-1 CD Feirense	26/11/1989 7-0 FC Tirsense	2/12/1989 1-0 Boavista FC	16/12/1989 1-0 União da Madeira	23/12/1989 1-1 Estrela Amadora	30/12/1989 3-0 Os Belenenses	7/1/1990 1-0 Vitória Setúbal	14/1/1990 1-1 Vitória Guimarães	21/1/1990 1-0 SC Beira-Mar	27/1/1990 3-0 CD Nacional	11/2/1990 4-0 FC Penafiel	18/2/1990 4-1 GD Chaves	25/2/1990 1-0 Portimonense SC	4/3/1990 3-2 Sporting CP	11/3/1990 0-0 SL Benfica	18/3/1990 4-1 CS Marítimo	25/3/1990 2-1 SC Braga	1/4/1990 3-1 CD Feirense	8/4/1990 2-1 FC Tirsense	14/4/1990 3-1 Boavista FC	22/4/1990 2-0 União da Madeira	25/4/1990 2-0 Estrela Amadora	29/4/1990 0-1 Os Belenenses	6/5/1990 1-0 Vitória Setúbal	13/5/1990 2-0 Vitória Guimarães	20/5/1990 2-2 SC Beira-Mar	34	27-5-2	72-16	59	86.76 %
SL Benfica	26/8/1989 1-1 Vitória Guimarães	10/9/1989 5-0 SC Beira-Mar	23/9/1989 4-1 CD Nacional	14/10/1989 7-0 FC Penafiel	22/10/1989 0-1 FC Porto	28/10/1989 5-0 Portimonense SC	5/11/1989 1-0 Sporting CP	19/11/1989 0-0 GD Chaves	25/11/1989 4-0 CS Marítimo	3/12/1989 4-0 SC Braga	13/12/1989 5-1 Vitória Setúbal	16/12/1989 3-1 CD Feirense	23/12/1989 1-1 FC Tirsense	30/12/1989 1-1 Boavista FC	7/1/1990 3-0 União da Madeira	14/1/1990 2-0 Estrela Amadora	21/1/1990 0-0 Os Belenenses	28/1/1990 2-1 Vitória Setúbal	11/2/1990 2-0 Vitória Guimarães	18/2/1990 2-0 SC Beira-Mar	25/2/1990 1-1 CD Nacional	3/3/1990 4-0 FC Penafiel	11/3/1990 0-0 FC Porto	17/3/1990 3-2 Portimonense SC	25/3/1990 2-1 Sporting CP	31/3/1990 2-0 GD Chaves	8/4/1990 1-1 CS Marítimo	14/4/1990 3-1 SC Braga	22/4/1990 1-1 CD Feirense	25/4/1990 1-0 FC Tirsense	28/4/1990 0-1 Boavista FC	13/5/1990 4-2 União da Madeira	20/5/1990 1-0 Estrela Amadora	27/5/1990 1-0 Os Belenenses	34	23-9-2	76-18	55	80.88 %
Sporting CP	20/8/1989 3-2 Vitória Guimarães	27/8/1989 1-0 SC Beira-Mar	10/9/1989 2-0 CD Nacional	24/9/1989 0-0 FC Penafiel	15/10/1989 1-0 FC Porto	22/10/1989 2-0 Portimonense SC	29/10/1989 1-2 GD Chaves	5/11/1989 0-1 SL Benfica	18/11/1989 2-1 CS Marítimo	26/11/1989 0-0 SC Braga	3/12/1989 2-1 CD Feirense	16/12/1989 1-0 FC Tirsense	23/12/1989 0-0 Boavista FC	30/12/1989 2-0 União da Madeira	6/1/1990 0-0 Estrela Amadora	14/1/1990 1-0 Os Belenenses	20/1/1990 1-1 Vitória Setúbal	28/1/1990 1-1 Vitória Guimarães	10/2/1990 2-0 SC Beira-Mar	17/2/1990 1-1 CD Nacional	25/2/1990 2-1 FC Penafiel	4/3/1990 2-3 FC Porto	10/3/1990 1-0 Portimonense SC	18/3/1990 1-1 GD Chaves	25/3/1990 1-2 SL Benfica	1/4/1990 1-0 CS Marítimo	8/4/1990 1-1 SC Braga	14/4/1990 3-2 CD Feirense	22/4/1990 1-1 FC Tirsense	25/4/1990 2-2 Boavista FC	29/4/1990 0-0 União da Madeira	6/5/1990 2-0 Estrela Amadora	13/5/1990 0-1 Os Belenenses	20/5/1990 2-0 Vitória Setúbal	34	17-12-5	42-24	46	67.65 %
Vitória Guimarães	20/8/1989 2-3 Sporting CP	26/8/1989 1-1 SL Benfica	10/9/1989 3-2 CS Marítimo	24/9/1989 2-0 SC Braga	15/10/1989 0-0 CD Feirense	22/10/1989 1-0 FC Tirsense	29/10/1989 2-1 Boavista FC	5/11/1989 3-0 União da Madeira	12/11/1989 0-0 CD Nacional	19/11/1989 2-1 Estrela Amadora	25/11/1989 2-1 Os Belenenses	3/12/1989 1-0 Vitória Setúbal	16/12/1989 1-0 GD Chaves	23/12/1989 2-0 SC Beira-Mar	7/1/1990 2-0 FC Penafiel	14/1/1990 1-1 FC Porto	21/1/1990 2-0 Portimonense SC	28/1/1990 1-1 Sporting CP	11/2/1990 0-2 SL Benfica	18/2/1990 0-0 CS Marítimo	25/2/1990 3-1 SC Braga	4/3/1990 4-0 CD Feirense	11/3/1990 0-0 FC Tirsense	18/3/1990 0-1 Boavista FC	25/3/1990 1-1 União da Madeira	1/4/1990 0-0 Estrela Amadora	8/4/1990 0-4 Os Belenenses	14/4/1990 2-1 Vitória Setúbal	21/4/1990 0-0 GD Chaves	25/4/1990 2-0 SC Beira-Mar	29/4/1990 2-2 CD Nacional	6/5/1990 1-2 FC Penafiel	13/5/1990 0-2 FC Porto	20/5/1990 3-1 Portimonense SC	34	17-11-6	46-28	45	66.18 %
GD Chaves	20/8/1989 3-2 FC Penafiel	26/8/1989 0-2 Boavista FC	3/9/1989 0-0 SC Beira-Mar	10/9/1989 1-2 FC Porto	23/9/1989 1-1 União da Madeira	15/10/1989 4-2 Portimonense SC	22/10/1989 1-1 Estrela Amadora	29/10/1989 2-1 Sporting CP	4/11/1989 0-3 Os Belenenses	19/11/1989 0-0 SL Benfica	26/11/1989 1-4 Vitória Setúbal	3/12/1989 2-1 CS Marítimo	16/12/1989 0-1 Vitória Guimarães	23/12/1989 1-1 SC Braga	7/1/1990 0-0 CD Feirense	14/1/1990 3-3 CD Nacional	21/1/1990 1-0 FC Tirsense	28/1/1990 0-0 FC Penafiel	10/2/1990 1-0 Boavista FC	18/2/1990 1-4 FC Porto	25/2/1990 2-1 União da Madeira	4/3/1990 1-0 Portimonense SC	11/3/1990 0-1 Estrela Amadora	18/3/1990 1-1 Sporting CP	24/3/1990 1-1 Os Belenenses	31/3/1990 0-2 SL Benfica	8/4/1990 2-0 Vitória Setúbal	14/4/1990 0-0 CS Marítimo	21/4/1990 0-0 Vitória Guimarães	25/4/1990 1-1 SC Braga	29/4/1990 2-1 SC Beira-Mar	6/5/1990 2-1 CD Feirense	13/5/1990 1-1 CD Nacional	20/5/1990 3-0 FC Tirsense	34	12-14-8	38-38	38	55.88 %
Vitória Setúbal	26/8/1989 2-1 CS Marítimo	24/9/1989 3-0 SC Braga	15/10/1989 2-0 CD Feirense	21/10/1989 1-2 FC Tirsense	28/10/1989 1-0 Boavista FC	5/11/1989 1-1 União da Madeira	19/11/1989 2-1 Estrela Amadora	26/11/1989 0-0 Os Belenenses	3/12/1989 4-1 GD Chaves	13/12/1989 0-1 Vitória Guimarães	16/12/1989 0-0 SL Benfica	23/12/1989 3-0 SC Beira-Mar	31/12/1989 0-1 CD Nacional	7/1/1990 0-1 FC Penafiel	13/1/1990 0-1 FC Porto	20/1/1990 1-0 Portimonense SC	28/1/1990 1-2 SL Benfica	11/2/1990 0-0 CS Marítimo	18/2/1990 1-0 SC Braga	25/2/1990 4-2 FC Tirsense	4/3/1990 2-1 Boavista FC	11/3/1990 0-0 União da Madeira	17/3/1990 1-0 Estrela Amadora	24/3/1990 1-0 Os Belenenses	1/4/1990 0-2 GD Chaves	8/4/1990 0-2 Vitória Guimarães	14/4/1990 1-2 SC Beira-Mar	21/4/1990 0-0 CD Nacional	25/4/1990 1-3 FC Penafiel	3/5/1990 0-1 CD Feirense	6/5/1990 0-1 FC Porto	13/5/1990 3-1 Portimonense SC	20/5/1990 0-2 Sporting CP	34	14-8-12	39-34	36	52.94 %	
Os Belenenses	20/8/1989 0-0 CS Marítimo	26/8/1989 2-1 SC Braga	9/9/1989 0-1 CD Feirense	23/9/1989 1-0 FC Tirsense	14/10/1989 2-4 Boavista FC	22/10/1989 2-0 União da Madeira	29/10/1989 1-4 Estrela Amadora	4/11/1989 3-0 GD Chaves	19/11/1989 0-0 Vitória Setúbal	25/11/1989 1-2 Vitória Guimarães	3/12/1989 1-0 SC Beira-Mar	23/12/1989 2-1 FC Penafiel	30/12/1989 0-3 FC Porto	7/1/1990 1-0 Portimonense SC	14/1/1990 0-1 SL Benfica	21/1/1990 0-0 CD Nacional	28/1/1990 1-0 CS Marítimo	11/2/1990 0-3 SC Braga	18/2/1990 1-0 CD Feirense	25/2/1990 0-1 FC Tirsense	4/3/1990 1-0 Boavista FC	11/3/1990 0-1 União da Madeira	18/3/1990 2-1 Estrela Amadora	24/3/1990 1-1 GD Chaves	1/4/1990 2-0 Vitória Setúbal	8/4/1990 4-0 Vitória Guimarães	14/4/1990 0-1 SC Beira-Mar	21/4/1990 1-0 CD Nacional	25/4/1990 0-1 FC Penafiel	29/4/1990 1-0 FC Porto	6/5/1990 1-3 Portimonense SC	13/5/1990 1-0 Sporting CP	20/5/1990 0-1 SL Benfica	34	16-4-14	32-33	36	52.94 %	
Boavista FC	20/8/1989 1-1 FC Tirsense	26/8/1989 2-0 GD Chaves	9/9/1989 5-1 União da Madeira	24/9/1989 2-3 Estrela Amadora	14/10/1989 4-2 Os Belenenses	21/10/1989 0-1 Vitória Setúbal	29/10/1989 1-2 Vitória Guimarães	5/11/1989 0-2 SC Beira-Mar	19/11/1989 4-1 CD Nacional	26/11/1989 1-2 FC Penafiel	2/12/1989 0-1 FC Porto	16/12/1989 2-0 Portimonense SC	23/12/1989 0-0 Sporting CP	30/12/1989 1-1 SL Benfica	7/1/1990 1-1 CS Marítimo	14/1/1990 0-0 SC Braga	22/1/1990 4-0 CD Feirense	28/1/1990 0-0 FC Tirsense	10/2/1990 0-1 GD Chaves	18/2/1990 1-1 União da Madeira	25/2/1990 2-0 Estrela Amadora	4/3/1990 0-1 Os Belenenses	11/3/1990 1-2 Vitória Setúbal	18/3/1990 1-0 Vitória Guimarães	25/3/1990 1-2 SC Beira-Mar	1/4/1990 3-0 CD Nacional	8/4/1990 1-0 FC Penafiel	14/4/1990 1-3 FC Porto	22/4/1990 1-0 Portimonense SC	25/4/1990 2-2 Sporting CP	28/4/1990 1-0 SL Benfica	6/5/1990 1-3 CS Marítimo	13/5/1990 2-0 SC Braga	20/5/1990 3-1 CD Feirense	34	13-8-13	49-36	34	50.00 %
FC Tirsense	19/8/1989 1-1 Boavista FC	27/8/1989 0-0 União da Madeira	9/9/1989 0-0 Estrela Amadora	23/9/1989 0-1 Os Belenenses	15/10/1989 2-1 Vitória Setúbal	22/10/1989 0-1 Vitória Guimarães	29/10/1989 2-0 SC Beira-Mar	5/11/1989 0-0 CD Nacional	19/11/1989 1-1 FC Penafiel	26/11/1989 0-7 FC Porto	3/12/1989 1-0 Portimonense SC	16/12/1989 0-1 Sporting CP	23/12/1989 1-1 SL Benfica	30/12/1989 0-0 CS Marítimo	7/1/1990 0-0 SC Braga	13/1/1990 0-0 CD Feirense	21/1/1990 0-1 GD Chaves	28/1/1990 0-0 Boavista FC	11/2/1990 3-0 União da Madeira	18/2/1990 0-2 Estrela Amadora	25/2/1990 1-0 Os Belenenses	4/3/1990 2-4 Vitória Setúbal	11/3/1990 0-0 Vitória Guimarães	18/3/1990 0-1 SC Beira-Mar	24/3/1990 1-0 CD Nacional	1/4/1990 0-0 FC Penafiel	8/4/1990 1-2 FC Porto	14/4/1990 1-1 Portimonense SC	22/4/1990 1-1 Sporting CP	25/4/1990 0-1 SL Benfica	29/4/1990 1-0 CS Marítimo	6/5/1990 1-1 SC Braga	13/5/1990 1-1 CD Feirense	20/5/1990 0-3 GD Chaves	34	7-16-11	21-32	30	44.12 %
CS Marítimo	20/8/1989 0-0 Os Belenenses	26/8/1989 1-2 Vitória Setúbal	10/9/1989 2-3 Vitória Guimarães	24/9/1989 0-0 SC Beira-Mar	15/10/1989 2-2 CD Nacional	22/10/1989 1-0 FC Penafiel	28/10/1989 0-0 FC Porto	5/11/1989 2-2 Portimonense SC	18/11/1989 1-2 Sporting CP	25/11/1989 0-4 SL Benfica	3/12/1989 1-2 GD Chaves	16/12/1989 1-1 SC Braga	23/12/1989 0-2 CD Feirense	30/12/1989 0-0 FC Tirsense	7/1/1990 1-1 Boavista FC	14/1/1990 1-0 União da Madeira	17/1/1990 0-3 Estrela Amadora	28/1/1990 0-1 Os Belenenses	11/2/1990 0-0 Vitória Setúbal	18/2/1990 0-0 Vitória Guimarães	25/2/1990 1-0 SC Beira-Mar	4/3/1990 0-0 CD Nacional	10/3/1990 2-1 FC Penafiel	18/3/1990 1-4 FC Porto	24/3/1990 1-1 Portimonense SC	1/4/1990 0-1 Sporting CP	8/4/1990 1-1 SL Benfica	14/4/1990 0-0 GD Chaves	22/4/1990 0-3 SC Braga	25/4/1990 2-0 CD Feirense	29/4/1990 0-1 FC Tirsense	6/5/1990 3-1 Boavista FC	13/5/1990 0-0 União da Madeira	20/5/1990 1-0 Estrela Amadora	34	7-15-12	25-38	29	42.65 %
SC Beira-Mar	19/8/1989 2-2 Portimonense SC	27/8/1989 0-1 Sporting CP	3/9/1989 0-0 GD Chaves	10/9/1989 0-5 SL Benfica	24/9/1989 0-0 CS Marítimo	8/10/1989 1-0 CD Nacional	15/10/1989 0-2 SC Braga	22/10/1989 1-0 CD Feirense	29/10/1989 0-2 FC Tirsense	5/11/1989 2-0 Boavista FC	18/11/1989 1-4 União da Madeira	26/11/1989 1-0 Estrela Amadora	3/12/1989 0-1 Os Belenenses	16/12/1989 0-0 Vitória Setúbal	23/12/1989 0-2 Vitória Guimarães	14/1/1990 0-0 FC Penafiel	21/1/1990 0-1 FC Porto	28/1/1990 0-0 Portimonense SC	10/2/1990 0-2 Sporting CP	18/2/1990 0-2 SL Benfica	25/2/1990 0-1 CS Marítimo	4/3/1990 3-1 SC Braga	10/3/1990 2-1 CD Feirense	18/3/1990 1-0 FC Tirsense	25/3/1990 2-1 Boavista FC	1/4/1990 1-0 União da Madeira	8/4/1990 1-3 Estrela Amadora	14/4/1990 1-0 Os Belenenses	21/4/1990 0-0 Vitória Setúbal	25/4/1990 0-2 Vitória Guimarães	29/4/1990 1-2 GD Chaves	6/5/1990 0-2 CD Nacional	13/5/1990 0-0 FC Penafiel	20/5/1990 2-2 FC Porto	34	10-9-15	22-39	29	42.65 %
Estrela Amadora	19/8/1989 0-1 SC Braga	27/8/1989 3-0 CD Feirense	9/9/1989 0-0 FC Tirsense	24/9/1989 3-2 Boavista FC	14/10/1989 2-1 União da Madeira	22/10/1989 1-1 GD Chaves	29/10/1989 4-1 Os Belenenses	5/11/1989 1-2 Vitória Setúbal	19/11/1989 1-2 Vitória Guimarães	26/11/1989 0-1 SC Beira-Mar	3/12/1989 3-0 CD Nacional	16/12/1989 0-1 FC Penafiel	23/12/1989 1-1 FC Porto	30/12/1989 0-1 Portimonense SC	6/1/1990 0-0 <																								