

Honduras

CONCACAF Nations League

	1	2	3	4	5	6	7	G	W-D-L	GF-GA	Pts	
2026-27	25/9/2026 2-3 Suriname	28/9/2026 1-0 Jamaica	2/10/2026 1-2 Martinique	5/10/2026 1-1 Jamaica				4	1-1-2 H:0-1-1 A:1-0-1	5-6 H:3-4 A:2-2	33.33% 4★ League A, Group B	
2024-25	6/9/2024 4-0 Trinidad and Tobago	10/9/2024 1-2 Jamaica	10/10/2024 3-2 French Guiana	14/10/2024 0-0 Jamaica	15/11/2024 2-0 Mexico	19/11/2024 0-4 Mexico			6	3-1-2 H:2-0-1 A:1-1-1	10-8 H:7-2 A:3-6	58.33% 7★ Quarter-finals
2023-24	8/9/2023 0-1 Jamaica	12/9/2023 4-0 Grenada	12/10/2023 <i>0-0</i> Cuba	15/10/2023 4-0 Cuba	17/11/2023 2-0 Mexico	21/11/2023 0-2 Mexico AET	23/3/2024 <i>1-3</i> Costa Rica	7	3-1-3 H:3-0-0 A:0-0-2	11-6 H:10-0 A:0-3	58.33% 7★ Quarter-finals	
2022-23	3/6/2022 1-0 Curaçao	6/6/2022 1-2 Curaçao	13/6/2022 2-1 Canada	28/3/2023 1-4 Canada				4	2-0-2 H:1-0-1 A:1-0-1	5-7 H:3-3 A:2-4	50.00% 6† League A, Group C	
2019-20	10/10/2019 2-0 Trinidad and Tobago	13/10/2019 1-0 Martinique	14/11/2019 1-1 Martinique	17/11/2019 4-0 Trinidad and Tobago	3/6/2021 <i>0-1</i> United States	6/6/2021 2-2 Costa Rica			6	3-2-1 H:2-0-0 A:1-1-0	10-4 H:5-0 A:3-1	83.33% 10† Third

Home fixtures in **Bold** Wins in blue Losses in red

Neutral-site matches in *italics* ★Pts from League A, Group B

†Pts from League A, Group C