Ponnistus Helsinki

Finland Tier 2

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	G	W–D–L	GF–GA	Pts
1997	26/4/1997 0–0 Gnistan Oulunkylä	4/5/1997 2–3 FC Lahti	11/5/1997 0–3 MP Mikkeli	17/5/1997 **2–1** HIK Hanko	22/5/1997 1–2 FC Hämeenlinna	27/5/1997 1–5 Honka Espoo	3/6/1997 **0–2** TiPS Tikkurila	10/6/1997 **2–4** PK–35 Vantaa	15/6/1997 0–8 KTP Kotka	18/6/1997 **0–3** Gnistan Oulunkylä	22/6/1997 **1–2** FC Lahti	30/6/1997 **1–2** MP Mikkeli	13/7/1997 0–4 HIK Hanko	16/7/1997 **2–1** FC Hämeenlinna	21/7/1997 0–9 PK–35 Vantaa	29/7/1997 **0–2** KTP Kotka	2/8/1997 0–2 TiPS Tikkurila	10/8/1997 **1–2** Honka Espoo	26/8/1997 **0–4** TiPS Tikkurila	3/9/1997 0–2 FC Hämeenlinna	1997 **2–3** HIK Hanko	14/9/1997 1–5 Gnistan Oulunkylä						22	2–1–19 H:2–0–9 A:0–1–10	16–69 H:11–26 A:5–43	10.61% 7 Placed 10th in South zone
1996	27/4/1996 **1–1** Kultsu Joutseno	4/5/1996 0–1 Rakuunat Lappeenranta	11/5/1996 **1–5** Honka Espoo	19/5/1996 0–2 KTP Kotka	27/5/1996 **0–0** Kontu Kontula	2/6/1996 1–0 TiPS Tikkurila	5/6/1996 **1–0** HIK Hanko	10/6/1996 3–1 Gnistan Oulunkylä	17/6/1996 1–1 K–Team Hämeenlinna	23/6/1996 **2–1** Rakuunat Lappeenranta	6/7/1996 2–2 Kultsu Joutseno	14/7/1996 **3–3** K–Team Hämeenlinna	17/7/1996 **4–2** Gnistan Oulunkylä	20/7/1996 4–0 Kontu Kontula	29/7/1996 **1–2** KTP Kotka	4/8/1996 2–1 Honka Espoo	8/8/1996 1–6 HIK Hanko	11/8/1996 **0–4** TiPS Tikkurila	18/8/1996 **7–2** Kultsu Joutseno	25/8/1996 1–0 K–Team Hämeenlinna	29/8/1996 1–2 Kontu Kontula	1/9/1996 **0–4** TiPS Tikkurila	8/9/1996 0–2 KTP Kotka	16/9/1996 **1–7** HIK Hanko	22/9/1996 1–2 Rakuunat Lappeenranta	30/9/1996 **1–1** Gnistan Oulunkylä	5/10/1996 3–3 Honka Espoo	27	9–7–11 H:4–4–5 A:5–3–6	42–55 H:22–32 A:20–23	41.98% 34 Placed 7th in South zone
1994	23/4/1994 **1–0** Kultsu Joutseno	30/4/1994 1–1 KPV Kokkola	8/5/1994 2–0 KajHa Kajaani	11/5/1994 **0–1** VPS Vaasa	15/5/1994 3–1 Kontu Kontula	21/5/1994 **1–0** PIF Pargas	29/5/1994 4–0 KTP Kotka	5/6/1994 0–0 Pallo–Iirot Rauma	11/6/1994 **0–0** Inter Turku	15/6/1994 **4–1** KePS Kemi	19/6/1994 0–0 BK–IFK Vasa	26/6/1994 **0–0** FC 1991 Oulu	10/7/1994 4–1 Reipas Lahti	17/7/1994 4–0 FC 1991 Oulu	23/7/1994 **2–0** Reipas Lahti	27/7/1994 **2–0** KTP Kotka	7/8/1994 1–1 PIF Pargas	14/8/1994 1–0 Inter Turku	20/8/1994 **1–0** Pallo–Iirot Rauma	27/8/1994 **0–0** Kontu Kontula	4/9/1994 1–0 KePS Kemi	10/9/1994 **1–0** BK–IFK Vasa	17/9/1994 **2–0** KajHa Kajaani	25/9/1994 0–2 VPS Vaasa	1/10/1994 **2–0** KPV Kokkola	8/10/1994 3–2 Kultsu Joutseno			26	17–7–2 H:9–3–1 A:8–4–1	40–10 H:16–2 A:24–8	74.36% 58 Champions
1993	Match order data missing																											29	13–6–10 H:10–2–3 A:3–4–7	51–36 H:33–17 A:18–19	51.72% 45★ Placed 5th

Home fixtures in Bold Wins in blue Losses in red Three points for a win from 1992 to 1995 and since 2003. ★The top four continued in the Karsintasarja; the other eight played a relegation group.

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