

Panama

Gold Cup

	1	2	3	4	5	6	7	8		1	2	3	4	5	6	G	W–D–L	GF–GA	Reached
2025										17/6/2025 5–2 Guadeloupe	21/6/2025 1–0 Guatemala	25/6/2025 4–1 Jamaica	29/6/2025 1–1 Honduras			4	3–1–0 H:0–0–0 A:0–0–0	11–4 H:0–0 A:0–0	Quarter–final
2023										27/6/2023 2–1 Costa Rica	30/6/2023 2–1 Martinique	5/7/2023 2–2 El Salvador	9/7/2023 4–0 Qatar	13/7/2023 AET 1–1 United States	17/7/2023 0–1 Mexico	6	3–2–1 H:0–0–0 A:0–1–0	11–6 H:0–0 A:1–1	Final
2021										14/7/2021 3–3 Qatar	18/7/2021 2–3 Honduras	21/7/2021 3–1 Grenada				3	1–1–1 H:0–0–0 A:0–0–0	8–7 H:0–0 A:0–0	Group stage
2019										19/6/2019 2–0 Trinidad and Tobago	22/6/2019 4–2 Guyana	27/6/2019 0–1 United States	30/6/2019 0–1 Jamaica			4	2–0–2 H:0–0–0 A:0–0–1	6–4 H:0–0 A:0–1	Quarter–final
2017	14/1/2017 0–0 Belize	15/1/2017 2–1 Nicaragua	18/1/2017 0–1 Honduras	21/1/2017 1–0 El Salvador	22/1/2017 1–0 Costa Rica					8/7/2017 1–1 United States	12/7/2017 2–1 Nicaragua	15/7/2017 3–0 Martinique	19/7/2017 0–1 Costa Rica			9	5–2–2 H:3–1–1 A:0–1–0	10–5 H:4–2 A:1–1	Quarter–final
2015	7/9/2014 2–2 Costa Rica	10/9/2014 2–0 Nicaragua	14/9/2014 1–0 El Salvador							8/7/2015 1–1 Haiti	11/7/2015 1–1 Honduras	14/7/2015 1–1 United States	19/7/2015 AET 1–1 Trinidad and Tobago	23/7/2015 AET 1–2 Mexico	25/7/2015 AET 1–1 United States	9	2–6–1 H:0–1–0 A:2–2–0	11–9 H:2–2 A:5–2	Third place
2013	20/1/2013 0–0 El Salvador	23/1/2013 1–1 Honduras	25/1/2013 3–1 Guatemala							8/7/2013 2–1 Mexico	12/7/2013 1–0 Martinique	14/7/2013 0–0 Canada	20/7/2013 6–1 Cuba	25/7/2013 2–1 Mexico	28/7/2013 0–1 United States	9	5–3–1 H:0–1–0 A:1–1–1	15–6 H:1–1 A:3–2	Final
2011	15/1/2011 2–0 Belize	17/1/2011 2–0 Nicaragua	19/1/2011 2–0 El Salvador	22/1/2011 1–1 Costa Rica	23/1/2011 0–0 El Salvador					8/6/2011 3–2 Guadeloupe	12/6/2011 2–1 United States	15/6/2011 1–1 Canada	20/6/2011 AET 1–1 El Salvador	23/6/2011 0–1 United States		10	5–4–1 H:3–2–0 A:1–0–1	14–7 H:7–1 A:2–2	Semi–final
2009	24/1/2009 0–3 Costa Rica	28/1/2009 1–0 Guatemala	31/1/2009 1–0 Honduras	2/2/2009 AET 0–0 Costa Rica						5/7/2009 1–2 Guadeloupe	10/7/2009 1–1 Mexico	12/7/2009 4–0 Nicaragua	19/7/2009 AET 1–2 United States			8	3–2–3 H:1–0–0 A:1–1–2	9–8 H:1–0 A:2–5	Quarter–final
2007	11/2/2007 1–1 Honduras	14/2/2007 1–0 Costa Rica	17/2/2007 2–0 Guatemala	19/2/2007 1–1 Costa Rica						9/6/2007 3–2 Honduras	11/6/2007 2–2 Cuba	14/6/2007 0–1 Mexico	16/6/2007 1–2 United States			8	3–3–2 H:2–1–0 A:0–1–1	11–9 H:4–1 A:2–3	Quarter–final
2005	19/2/2005 1–0 El Salvador	24/2/2005 0–1 Costa Rica	26/2/2005 0–1 Honduras	27/2/2005 0–3 Guatemala						7/7/2005 1–0 Colombia	11/7/2005 2–2 Trinidad and Tobago	13/7/2005 0–1 Honduras	17/7/2005 AET 1–1 South Africa	22/7/2005 3–2 Colombia	24/7/2005 AET 0–0 United States	10	3–3–4 H:0–0–1 A:1–1–2	8–11 H:0–1 A:1–4	Final
2003	9/2/2003 1–2 El Salvador	16/2/2003 2–0 Guatemala	20/2/2003 1–1 Honduras	21/2/2003 0–1 Nicaragua	23/2/2003 0–1 Costa Rica											5	1–1–3 H:1–1–3 A:0–0–0	4–5 H:4–5 A:0–0	Did not qualify
2002	23/5/2001 2–1 Honduras	25/5/2001 1–2 El Salvador	27/5/2001 6–0 Nicaragua	30/5/2001 1–2 Costa Rica	1/6/2001 1–1 El Salvador	3/6/2001 1–3 Guatemala	29/7/2001 0–0 Cuba	5/8/2001 0–1 Cuba								8	2–2–4 H:0–1–0 A:1–0–1	12–10 H:0–0 A:2–2	Did not qualify
1998	23/3/1997 1–1 Belize	30/3/1997 1–0 Belize	16/4/1997 0–5 Honduras	20/4/1997 0–2 El Salvador												4	1–1–2 H:0–1–0 A:1–0–0	2–8 H:1–1 A:1–0	Did not qualify
1996	22/10/1995 2–0 Nicaragua	29/10/1995 5–0 Nicaragua	29/11/1995 0–2 Honduras	1/12/1995 0–1 Guatemala												4	2–0–2 H:1–0–0 A:1–0–0	7–3 H:2–0 A:5–0	Did not qualify
1993	5/3/1993 0–2 Honduras	7/3/1993 1–1 El Salvador	9/3/1993 0–2 Costa Rica							10/7/1993 1–5 Honduras	14/7/1993 1–2 United States	17/7/1993 1–1 Jamaica				6	0–2–4 H:0–0–0 A:0–0–2	4–13 H:0–0 A:1–4	Group stage
1991	5/5/1991 2–0 Honduras	12/5/1991 0–3 Honduras														2	1–0–1 H:1–0–0 A:0–0–1	2–3 H:2–0 A:0–3	Did not qualify
1969	11/4/1969 1–1 Jamaica	11/5/1969 1–2 Jamaica														2	0–1–1 H:0–0–1 A:0–1–0	2–3 H:1–2 A:1–1	Did not qualify
1967	13/2/1967 1–3 Guatemala	17/2/1967 1–3 Nicaragua														2	0–0–2 H:0–0–1 A:0–0–1	2–6 H:1–3 A:1–3	Did not qualify
1963										23/3/1963 1–1 El Salvador	25/3/1963 2–2 Guatemala	27/3/1963 0–1 Honduras	31/3/1963 6–0 Nicaragua			4	1–2–1 H:0–0–0 A:0–1–0	9–4 H:0–0 A:1–1	Group stage