Promoción: 1955–56

	1	2	3	4	5	6	7	8	9	10	G	W–D–L	GF–GA	Pts	Outcome
SD España Industrial	5/5/1956 **3–1** CD Alavés	13/5/1956 0–5 Real Oviedo	21/5/1956 **2–1** Real Murcia	26/5/1956 **1–0** Real Zaragoza	31/5/1956 2–1 Real Betis	3/6/1956 3–2 CD Alavés	9/6/1956 **6–1** Real Oviedo	17/6/1956 1–1 Real Murcia	24/6/1956 0–1 Real Zaragoza	29/6/1956 **3–2** Real Betis	10	7–1–2 H:5–0–0 A:2–1–2	21–15 H:15–5 A:6–10	75.00% 15	Promoted
Real Zaragoza	6/5/1956 3–4 Real Murcia	13/5/1956 **1–1** Real Betis	20/5/1956 1–0 Real Oviedo	26/5/1956 0–1 SD España Industrial	31/5/1956 **1–1** CD Alavés	3/6/1956 **4–2** Real Murcia	10/6/1956 1–3 Real Betis	17/6/1956 **4–0** Real Oviedo	24/6/1956 **1–0** SD España Industrial	29/6/1956 2–1 CD Alavés	10	5–2–3 H:3–2–0 A:2–0–3	18–13 H:11–4 A:7–9	60.00% 12	Promoted
Real Oviedo	6/5/1956 5–4 Real Betis	13/5/1956 **5–0** SD España Industrial	20/5/1956 **0–1** Real Zaragoza	27/5/1956 3–1 CD Alavés	31/5/1956 **3–0** Real Murcia	3/6/1956 **3–2** Real Betis	9/6/1956 1–6 SD España Industrial	17/6/1956 0–4 Real Zaragoza	24/6/1956 **2–0** CD Alavés	29/6/1956 1–4 Real Murcia	10	6–0–4 H:4–0–1 A:2–0–3	23–22 H:13–3 A:10–19	60.00% 12	Not promoted
Real Murcia	6/5/1956 **4–3** Real Zaragoza	13/5/1956 0–1 CD Alavés	21/5/1956 1–2 SD España Industrial	27/5/1956 **5–1** Real Betis	31/5/1956 0–3 Real Oviedo	3/6/1956 2–4 Real Zaragoza	10/6/1956 **3–2** CD Alavés	17/6/1956 **1–1** SD España Industrial	24/6/1956 1–0 Real Betis	29/6/1956 **4–1** Real Oviedo	10	5–1–4 H:4–1–0 A:1–0–4	21–18 H:17–8 A:4–10	55.00% 11	Relegated
Real Betis	6/5/1956 **4–5** Real Oviedo	13/5/1956 1–1 Real Zaragoza	20/5/1956 **6–0** CD Alavés	27/5/1956 1–5 Real Murcia	31/5/1956 **1–2** SD España Industrial	3/6/1956 2–3 Real Oviedo	10/6/1956 **3–1** Real Zaragoza	17/6/1956 1–1 CD Alavés	24/6/1956 **0–1** Real Murcia	29/6/1956 2–3 SD España Industrial	10	2–2–6 H:2–0–3 A:0–2–3	21–22 H:14–9 A:7–13	30.00% 6	Not promoted
CD Alavés	5/5/1956 1–3 SD España Industrial	13/5/1956 **1–0** Real Murcia	20/5/1956 0–6 Real Betis	27/5/1956 **1–3** Real Oviedo	31/5/1956 1–1 Real Zaragoza	3/6/1956 **2–3** SD España Industrial	10/6/1956 2–3 Real Murcia	17/6/1956 **1–1** Real Betis	24/6/1956 0–2 Real Oviedo	29/6/1956 **1–2** Real Zaragoza	10	1–2–7 H:1–1–3 A:0–1–4	10–24 H:6–9 A:4–15	20.00% 4	Relegated

Home fixtures in Bold Wins in blue Losses in red

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