

Vålerenga IF
2026



Eliteserien
W/D/L: 6/5/10

Vålerenga IF 2026																							Eliteserien W/D/L: 6/5/10								
																															
			15-Mar	22-Mar	06-Apr	12-Apr	19-Apr	26-Apr	03-May	08-May	16-May	25-May	29-May	11-Jul	16-Jul	26-Jul	31-Jul	08-Aug	16-Aug	30-Aug	06-Sep	12-Sep	20-Sep								
			H Sandefjord	A Rosenborg BK	H Viking FK	A Fredrikstad FK	H Lillestrøm SK	A Molde FK	H KFUM Oslo	A Hamarkameratene	H Sarpsborg 08 FF	A IK Start	H Kristiansund BK	A Tromsø IL	H Aalesunds FK	A SK Brann	H Hamarkameratene	H FK Bodø-Glimt	A Aalesunds FK	H Molde FK	A Sarpsborg 08 FF	A Lillestrøm SK	H Fredrikstad FK								
			1-0	2-0	0-1	1-1	0-2	1-5	2-2	0-1	3-2	0-2	3-1	0-4	6-1	3-2	0-3	1-2	5-5	3-4	2-2	0-2	1-1								
			In squad	Appearances	Starts	Minutes	Yellow cards	Red cards	Goals	Assists																					
1	Oscar Hedvall	G	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90	21	21	21	1890	0	0	0	0
21	Magnus Sjøeng	G	0	0	0	0	0	0	0	0	0	0												11	0						
30	Alexander Ordal	G												0	0	0	0							4	0						
13	Sander Lønning	G																0	0	0	0	0	0	6	0						
4	Aaron Kiil Olsen	D	90	90	90	90	90	90	90	86	90		90	90	72	90	90	90	90	90	90	90	90	20	20	20	1778	5	0	0	1
2	Kolbeinn Finnsson	D	90	90	90	90	90	90	90	90	90	90	90	90	90	90		90	90	90	90	90	55	20	20	20	1765	5	0	0	5
37	Ivan Näsberg	D	90	90	90	90	89	90	90	90	90		30	73	90	57		90	73	77	0	0	0	19	16	15	1299	3	1	1	0
3	Håkon Sjøtil	D	64	90	73	90	80	69	74	0	45	69	90	82	0	29	10	13	45	90	90	90	90	21	19	14	1283	3	0	0	0
55	Sebastian Jarl	D	0	0	0		0	0	0	0	0	90	0	8	90	90	80	77	45	0	90	90	20	10	9	750	2	1	1	0	
5	Kevin Tshiembe	D				0	0	1	0	4	0	90	60	17	18	12	90	0	17	13	2	0	0	18	11	3	324	1	0	0	0
6	Vegar Hedenstad	D	26	0	0	0	10	2	16	65	45	21	0	0	0	0	0	0	0	0	0	0	20	7	2	185	1	0	0	0	
10	Carl Lange	M	86	68	90	86	90	90	90	90	88	90	90	90	84	61	69	83	90	88	88	70	90	21	21	21	1771	3	0	6	1
28	Magnus Westergaard	M	90	90	74	90	90	90	74	75	64	58	17	60	6	28	21	45	45	77	90	90	45	21	21	15	1319	3	0	1	1
77	Lucas Haren	M		30	45	69	90	88	85	65	64	32	59	18	58	67	60	90	74	77	90	70	84	20	20	16	1315	1	0	8	2
24	Petter Strand	M	26	30	17	22	1	45	5	25	7	15	31	72	32	23	90	74	85	35	26	20	35	21	21	3	716	0	0	2	1
29	Fidel Brice Ambina	M		22	16	21	45		16	15	2	15	73	90	90	90	81	16					14	14	7	592	3	0	0	1	
15	Odin Thiago Holm	M				0	1	21	0	15	26	32	17				9	7	0	2	70	32	45	15	12	2	277	0	0	0	0
11	Ghayas Zahid	M																5	13	64	58	73	5	5	3	213	0	0	0	0	
	Elias Hagen	M	4																				1	1	0	4	0	0	0	0	
22	Stian Sjøvold	M	0	0	0								0										4	0							
18	Even Forcha	M	0																				1	0							
17	Mathias Grundetjern	F	71	60	29	86	79	69	90	90	26	90	81	82	72	78	69	77	90	90		84	90	20	20	18	1503	4	0	5	4
8	Henrik Bjørdal	F	86	90	90	90	90	90	90	75	90	75	73	90	90	78	15			90				16	16	16	1302	2	1	1	6
	Filip Thorvaldsen	F	64	60	87	4	11		74	90	90	75	90		72	62	90						13	13	11	869	0	0	3	1	
	Elias Sørensen	F	90	60	45	68	45	45	16	25	83	58	0										11	10	7	535	1	0	1	0	
9	Gabriel Rajković	F	4	12	3	0	0	21	0	0	0	0	9	8	18	0	21	45	45	55	20	32	17	21	14	2	310	2	0	2	1
	Mohamed Ofkir	F											30	18	12	30	90	90	0				7	6	2	270	0	0	2	3	
90	Ole Sæter	F	19	18	61	4							0			0	13	16	13	20	20	0	12	9	1	184	2	0	0	2	
26	Dennis Gjengaar	F																		70	58	35	3	3	2	163	0	0	0	0	
7	Håvard Nielsen	F																				6	55	2	2	1	61	0	0	0	0
19	Elbasan Rashani	F																				6	1	1	0	6	0	0	0	0	
	Promise Meliga Jr.	F												0	0	0	0						4	0							
49	Abdoulie Jatta	F																0		0			2	0							
Manager:			Geir Bakke								Pet	Johannes Moesgaard																			